



### Lesson Time

Your child is learning how to tell if others feel happy or sad by looking for clues on their faces and bodies.

Happy clues:

- Eyes not wide open
- Mouth smiling
- Cheeks pushed up

Sad clues:

- Eyes looking down
- Mouth turned down
- Head down

Understanding how others feel helps your child get along with others and be friends.

### Play Time

Play a game with your child to practice finding happy and sad clues on other people. Play while taking a walk, watching TV, or doing any activity in which you see other people. Review happy clues and sad clues.

Say: **We're going to play Who's Happy, Who's Sad? When you see a happy clue on someone's face or body, tap your head. When you see a sad clue, tap your tummy.**

After playing the game, say: **Show me a happy clue we saw. Show me a sad clue we saw.**

### Story Time



Alex



Sara

This week's photos are of Alex and Sara. Alex is happy. Sara is sad. Ask your child about these photos.

- **What do you see in these photos?**
- **What clues on Alex's face show that he is happy?** (His eyes are not wide open. His mouth is smiling. His cheeks are pushed up.)
- **What clues on Sara's face show that she is sad?** (She is looking down. Her mouth is turned down. Her head is down.)

**Let's make a happy face and then a sad face.** Look at each other's faces for happy and sad clues.